



CENTRAL MASSACHUSETTS GENEALOGICAL SOCIETY, Inc.
P.O. Box 811, Westminster, MA 01473-0811

THE SEARCHERS

–Innovative–Enlightening–Enriching–Enjoyable–

PRESIDENT'S MESSAGE,

by Carol Bosworth

TIME TO RENEW YOUR C.M.G.S. MEMBERSHIPS FOR 1 JANUARY 2023 MEMBERSHIP

SPECIALS IN ADDITION TO THE ONE YEAR RENEWALS

Valid until December 31, 2022

Individual Membership:

One-Year \$15.00

Three-Year \$40.00

Five Year \$65.00

Family Membership

One-Year \$20.00

Three-Year \$55.00

Five Year \$90.00

Organizational Membership

\$25.00/year

For your convenience, you may pay your dues online through PAYPAL. To help the CMGS Treasurer credit the dues to your membership, send an email to CMGSOrg1@gmail.com confirming your transaction and the email associated with your PAYPAL account

September and the beginning of October has been a very busy time of the society. Several members participated in the Johnny Appleseed Festival on Saturday September 24, 2022. It was a beautiful, although somewhat windy day, with many visitors to

our booth and several potential new members from as far away as Michigan. We also received a donation of \$20.00 from an individual who just wanted to support our work. To follow this busy Saturday, we held the fall yard sale on October 1, 2022. This was the most profitable of the three so far, we will be depositing \$742.10 profit from the yard sale. Thank you to all who donated and helped at the event.

Grand Masonic Lodge of

Massachusetts is looking to give our members a tour sometime in March. If you would be interested, please let us know so transportation can be arranged.

cmgsorg1@gmail.com

We are continuing the library help sessions on the first and third Saturdays in Leominster, and planning on beginning a Special Interest Group (SIGs) and other educational sessions for next year. So far, I have heard from one individual who is interested. If you are interested, please contact me at cmgsorg1@gmail.com

Our ***“hybrid” meetings*** have been attended by 10-12 members who are enjoying the fellowship as well as the meeting. These hybrid meetings are held at the Masonic Hall in Gardner.

Reminder

The October meeting will be *in person only* at the Leominster Public Library with Lynne McKenney Lydick; “Yours for Humanity: Abby” (a one woman play about Abby Kelley Foster)

This program will not be recorded
Carpooling is available for those wish to attend in person but who do not want to drive at night

**ALFA PROGRAMS –
FITCHBURG STATE UNIVERSITY**

One of our own is offering two programs through the ALFA series this fall and are a wonderful way to refresh your skills

Beyond Shaking the Leaf

Presented by

Sara Campbell

Nov. 9, 16, 30, Dec.7, 14

10 am-noon

Researching your family tree is a good way to uncover forgotten stories and dig deeper into many periods of history. It becomes personal when we put research in a human perspective. We will explore both on-line and bricks-and-mortar sources, study the various census records, immigration, land deeds, historic maps and other often overlooked records. Skeletons in the closet? Let's make them dance! Students should have a basic knowledge of computers and internet searching.

Family Tree breakthroughs

Presented by

Sara Campbell

Nov. 9, 16, 30, Dec.7, 14

12:20-1:30 PM

Take the next step in your genealogical research. Let's go beyond the basics and make some family tree breakthroughs

together. Is it time for you to start blogging? Is DNA testing for you? How can you stay on top of the latest databases that are being released? Is going to a regional or national conference worth the price? We will have time to work on computers every week to advance your research. Students should have experience in researching their family history. RECOMMENDED MATERIALS: Students may bring a personal laptop.

You can register for one or both of these courses through the Fitchburg State University site [ALFA - Session Two \(November - December\) \(touchnet.net\)](#)

The history of Minestrone soup.

The soup itself dates back to before the time of the Roman Kingdom [later the Roman Republic and Empire] when a vegetarian diet was followed. The meal would consist of savory spelt flour porridge, cooked in salt water to which the leftover vegetables from the day before were added. In about the 2nd century B.C. (Not Before Covid), Italy introduced a range of products when it was Conquered by Rome. It consisted mostly of vegetables, such as Onions, Lentils, Cabbage, Garlic, Broad Beans, Mushrooms, Carrots, Asparagus, and Turnips. At the end of the day, the very thick leftover zuppa was spread on top of the flat bread [spelt] and that became what we know today as pizza. The spelt flour was removed from soups when bread was introduced to their diet by the Greeks, when the soup became a meal largely for the poor.

Minestrone soup is one of the cornerstones of Italian cuisine, this soup may be more widely dispersed and enjoyed throughout Italy than pasta. It was typically made from bits of leftovers from the previous meals, combined so as not to waste good food.

Marcus Apicius's ancient cookbook 'DeRe Coquinaria describes *polus [soup]*, a Roman soup dating as far back as 30 AD made up of farro, chickpeas and fava beans, with onions, garlic, lard and greens thrown in. As eating habits and ingredients changed in Italy, so did minestrone. Apicius updates the *polus [soup]* with *pulticulae [stew]* with fancy trimmings, such as cooked brains and wine

The tradition of not losing rural roots continues today, and minestrone is now known in Italy as belonging to the style of cooking called 'cucina povera' [literally means 'poor kitchen'], meaning dishes that have rustic, rural roots, as opposed to 'cucina nobile', or the cooking style of the nobles.

To show how frugal the ancient Italians were, they took the thickened remaining minestrone at the end of the day and spread it over the remaining spelt bread, covered the top with the grated rind of the parmesan cheese, placed it into an oven to melt the cheese and served this to the surfs.

As explorers travelled the world and more ingredients became available these were added over time, and it is believed that this soup was simply made with whatever vegetables were present at the time and even in many cases using leftovers. For that reason, there is not really a traditional recipe.

The oldest recipe, that I could find, for Minestrone Soup is as follows:

Ingredients, chopped

- 200g cannellini, borlotti or kidney beans - fresh, or dried
- 2 potatoes, peeled
- 2 slices dried bread broken up
- 2 onions
- 2 carrots
- 2 sticks of celery
- 3 cloves of garlic
- salt and pepper

- olive oil
- 1-2 tomatoes, blanched (optional)
- bacon, ham or other meat, (optional)

This makes an average soup but adding more of any ingredient will give more of that taste.

Lightly fry the onion and garlic in the olive oil and add this all to the chopped vegetables. Add water or stock and gently simmer for anything over 30 minutes until the vegetables are soft.

Italians feel this needs cooked for hours on end to make it taste better, but this will remove most of the goodness from the vegetables and to be honest I can not tell the difference between 30 - 45 minutes and four hours cooking time.

Variations

Minestrone Milanese

As there is **no** fixed recipe you can add or remove any vegetables you wish and make this different each time you make it.

You can add any other vegetables such as pumpkin, and herbs like parsley, oregano and basil. A drop of curry can offer a tasty variation while chilies make it hotter.

Adding pasta makes this more filling and is a good hearty winter meal.

Minestrone alla Genovese is the version used in Liguria, and it includes pesto.

Minestrone alla Milanese has added sage, cabbage, peas, cheese and rice.

Minestrone alla Friulana extra ingredients are barley, lard and pork.

Do you have an ethnic recipe and history you would like to share??

If so please send it to cmgsorg1@gmail.com and we will include it in the newsletter for others to try.

Leominster Public Library & Central Massachusetts Genealogical Society present:

Yours For Humanity, Abby

with professional actor Lynne McKenney Lydick

Tuesday, October 25th

7:00-8:30 p.m.

Leominster Public Library Community Room



Meet Massachusetts' radical abolitionist, human and women's rights activist, Abby Kelley Foster. Travel back to 1854 and enter her world—a tumultuous time when social and political differences divided our country- a time not unlike our own.

Hear Abby's emotionally powerful orations against slavery and prejudice, which changed the hearts and minds of many.

See how one person can effect extraordinary changes in society by sheer determination, perseverance, and hard work.

A Talk Back with the actor will follow.

This program is supported in part by grants from the Leominster & Westminster Cultural Councils, local agencies which are supported by the Massachusetts Cultural Council, a state agency. It is also sponsored by the Friends of the Leominster Public Library.



Up Coming Meetings

October 25, 2022

Joint meeting with the Leominster Public Library

****IN-PERSON PRESENTATION ****

6:30 -8:30 PM

Leominster Public Library
“Yours for Humanity: Abby” (a one woman play about Abby Kelley Foster)

Presented by

Lynne McKenney Lydick

This program will NOT be recorded

November 15, 2022

VIRTUAL MEETING

7 PM-8:30 PM

Registration link

https://us02web.zoom.us/meeting/register/tZ0vduCgqTstGNLf_afG8p8BggYdonPLSPLX

HYBRID --Masonic Hall Gardner, MA

Everyone welcome

6:30 PM-8:30 PM

“Murder, Mayhem and Town Tragedy”

Presented by Liza Alzo

NO MEETING IN DECEMBER

We need your help!!

The newsletter needs to focus on Central Massachusetts. The resources and interesting information relating to our community activities and/or special research opportunities that make us unique. We are asking you all to help us

If you or someone you know would be willing to write a series of 6 articles focused around one topic. These articles would be printed in each of the newsletters throughout the year (6 newsletters per year)

If you prefer to author with others that works as well, so long as the topic is submitted together.

All the articles would be submitted by December 10 2022 for inclusion in the 2023 newsletters. Articles can be a couple of paragraphs or longer.

1. You would decide on the topic
2. Ideas might include:
 - a. Interesting ancestors
 - b. History of the homestead
 - c. Why ancestor settled there
 - d. Unique offerings within the community
 - e. Military
 - f. Historical offerings
 - g. Brick walls that you have been able to breakdown (or not)
 - h. Boundary changes
 - i. Occupations of a specific era
 - j. Value of memberships
 - k. Or any other topics you can think of

Questions or submissions can be sent to Carol Bosworth at cmgsorg1@gmail.com



CMGS WORD SEARCH

answers with correction from July/August 22

A	H	N	E	N	T	A	F	E	L	P	Q	D	E	A	T	H	T	S	Y
Z	U	T	S	I	M	M	I	G	R	A	N	T	C	T	W	X	L	B	E
A	S	B	U	T	T	R	B	A	P	T	I	Z	E	D	S	A	T	K	F
I	B	P	O	B	D	M	H	L	C	X	Q	W	N	R	C	A	T	S	A
P	A	U	N	R	B	A	V	I	T	A	L	S	S	T	A	Q	R	S	M
R	N	Z	W	P	A	N	T	E	N	D	R	A	U	L	N	V	T	D	I
M	D	Z	E	N	N	C	E	N	T	R	A	L	S	M	C	I	V	I	L
A	O	L	U	I	N	A	E	C	L	M	R	G	P	R	E	T	E	O	Y
S	R	E	M	A	S	S	A	C	H	U	S	E	T	T	S	A	N	D	O
O	M	A	M	E	R	I	C	A	E	N	G	L	A	N	T	O	W	N	D
N	D	A	G	E	N	E	A	L	O	G	I	C	A	L	O	U	G	H	T
I	E	L	E	G	A	C	Y	R	B	S	O	N	B	I	R	T	H	M	M
C	O	T	N	H	E	S	O	C	I	T	Y	R	U	N	C	L	O	E	Y
W	I	F	E	A	U	N	T	G	T	R	C	H	I	L	D	A	M	N	S
D	F	F	A	T	H	E	R	A	U	T	H	E	R	R	A	I	E	L	T
R	O	A	L	D	O	M	E	R	A	I	L	R	O	A	D	H	S	I	E
G	H	W	O	A	Y	A	C	E	R	T	I	F	I	E	D	F	T	R	R
I	E	N	G	D	N	E	I	G	Y	B	O	R	S	T	R	E	E	T	Y
H	O	O	Y	D	S	I	S	T	E	R	B	R	O	T	H	E	A	R	Q
N	A	T	U	R	A	L	I	Z	A	T	I	O	N	L	W	I	D	O	W

AHNENTAFEL
ALIEN
ANCESTOR
BANNIS
BAPTIZED
BIRTH
CENSUS
CENTRAL
CERTIFIED
CHILD
CIVIL

DEATH
FAMILY
FATHER
GENEALOGICAL
GENEALOGY
HOMESTEAD
HUSBAND
IMMIGRANT
LEGACY
MASSACHUSETTS
MYSTERY

NATURALIZATION
OBITUARY
PUZZLE
SOCIETY
TOWN
VITAL
WIDOW
WIFE

Submitted by Bonnie Bohnet

CMGS WORD SEARCH
September/October 22

Genealogy Word Search 2

A	M	B	H	C	R	A	E	S	Y	L	I	M	A	F
L	I	N	E	A	G	E	C	F	T	Y	B	M	N	O
L	G	R	Y	S	T	N	E	D	N	E	C	S	E	D
Y	R	A	N	O	I	T	U	L	O	V	E	R	R	Q
R	A	P	P	R	C	V	M	X	Z	W	C	E	G	U
A	T	G	E	N	E	R	A	T	I	O	N	S	C	X
R	I	Q	D	N	A	R	T	Z	N	X	Y	E	L	A
B	O	B	I	C	G	U	R	F	H	Y	B	A	A	R
I	N	P	G	O	I	Y	E	S	R	D	A	R	I	A
L	T	R	R	E	W	R	Q	A	N	A	S	C	C	W
D	F	G	E	H	E	J	T	K	L	I	Q	H	I	L
Q	W	E	E	N	R	I	T	Y	U	I	S	O	F	I
P	Z	X	C	C	L	V	B	N	M	L	K	U	F	V
J	W	E	B	I	N	A	R	H	G	F	D	S	O	I
A	Y	H	M	N	A	R	C	H	I	V	E	S	T	C

ARCHIVES
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